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Goa Vidyaprasarak Mandal's  
**Gopal Govind Poy Raturcar College of Commerce and Economics**

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**STAFF NOTICE**

This is to inform all the staff members that the Department of Physical Education and Sports will be conducting a Wellness checkup of our college Staff at 10.30 am to 12.30 pm on Friday, 22nd December 2023.

All the staff members are requested to participate in the checkup to know their physical parameters which will help in dealing with any area of the physical self that needs attention as a result of the checkup. This is to be part of the Fit India Movement program conducted by the College.

Prof. (Dr.) TEOTONE VAZ  
PRINCIPAL

Mrs. BETTY D'SILVA  
DIRECTOR OF PHYSICAL EDUCATION

