

Date: 26/08/2023

## **NOTICE**

Department of Physical Education and Sports in association with NSS Celebrating "National Sports Day" on Monday, 28<sup>th</sup> August, 2023 "Promoting Sports, Fitness and Wellness".

## This year's theme is "Sports for All,"

Staff Events:

A. Tennis Ball Cricket Bowling Competition: On college ground at 11.15a.m.

B. Zumba Session for Fitness: In the G.V.M.'s Hall at 12.30 p.m.

**Students Events:** 

Run/Walk from College to Bandodkar Ground and Back: Outside the college main gate at 9.00 am. (All those students participating in the run will receive participation certificate and need to submit their names on or before 26/08/2023) to Mrs. Betty D'Silva, Director of Physical Education.

## **Essay Competition - "O Sports, You bring Peace":**

The essay is to be submitted at 10.30 am in the Gymkhana. (Medals and certificates will be awarded) to Shri. Jagdesh Somji, Sports Secretary (SS)

## Poster Making Competition - "National Games 2023 - Goa":

The poster has to be pasted in the gymkhana by 10.30 am. (Medals and certificates will be awarded) to Shri. Jagdesh Somji, Sports Secretary (SS)

Prof. (Dr.) TEOTONE VAZ PRINCIPAL Mrs. BETTY D'SILVA DIRECTOR OF PHYSICAL EDUCATION



Mrs. LATHA BHAT NSS PROGRAMME OFFICER