



GVM's GGPR COLLEGE OF COMMERCE & ECONOMICS

Farmagudi, Ponda Goa

Newsletter of Department of Physical Education & Sports for the year 2022-2023

College Sports Council Team 2022-2023



Team consisting of Niyaz Ahmad, Mantesh Gaude, Rahul Gaude, Reeshad Gaude, Chetan Magdum, Sankalp Bhat Prabhu, Pratham Vaidhya, Roshni Rajpurohit, Vaishnavi Naik, Krutika Chari, Ved Patel, Geetesh Kawlekar, Arya Madhu, Dr. Geetanjali Achrekar, Dr. Madanant Naik, Ms. Betty D'Silva, Mr. Prashant Fadte.



Geetesh Kawlekar
(Sports Secretary)



Aarya Madhu
(Sports Secretary)



Men's Baseball Team Winners of the Inter-collegiate championship 2022 organized by Goa University

Team members: Pratham Vaidhya, Aayush Mathkar, Tanesh Gaude, Biraj Gaude, Prathamesh Naik, Kamlesh Rathod, Yashraj Deykar, Sujay Gaude, Tejas Naik, Saniket Palkar, Manthan Naik, Aakash Gaude, Shivam Gawas, Herambh Naik, Mantesh Gaude, Jagdesh Somji

Students representing Goa State/ Goa University



Vishnuprasad Mahesh Shetty
from **SY BCA** represented **Goa University** at **West zone interuniversity volleyball champions 2022-23** from 10th Dec to 14th Dec held at Swami Ramanand Teerth Marathwada University, Nanded Maharashtra



Anushka Hammanavar from **TY Bcom** represented **Goa University** at **West zone interuniversity Table Tennis championship** held at Mumbai University from 21st Dec to 24th Dec 2022



Chetan Magdum from **FY Bcom** represented **Goa University** at **West zone interuniversity Badminton Championship 2022-23** held at Major Dhyanchand Sports Complex, University of Kota from 25th to 29th Dec 2022



Abhijeet A. Verenkar from **SY Bcom** represented Goa at **15th Senior National Dodgeball Championship 2022-23** organised by Haryana Dodgeball Association from 28th Dec to 30th Dec 2022 at shivaji Stadium Panipat Haryana



Prathamesh Naik from **TY Bcom** represented **Goa University** at **West zone interuniversity Cricket Championship 2022-23** held at P. D. U. Shekhawat University Sikar Rajasthan from 1st feb to 10th feb 2023



Saniket Palkar from **TY Bcom** represented **Goa University** at **West zone interuniversity Cricket Championship 2022-23** held at P. D. U. Shekhawat University Sikar Rajasthan from 1st feb to 10th feb 2023

Seema Shekhawat from **FY BCA** represented Goa at **Senior National Netball Championship** held at Nagpur from 28th feb to 5th march 2023



Roshni Raajpurohit from **SY BCA** represented Goa at **Senior National Netball Championship** held at Nagpur from 28th feb to 5th march 2023

Taniya Bishnoi from **SY BCA** represented Goa at **Senior National Netball Championship** held at Nagpur from 28th feb to 5th march 2023



Prachi Naik from **TY Bcom** represented Goa at **Senior National Netball Championship** held at Nagpur from 28th feb to 5th march 2023

Harsh Panghal from **TY Bcom** represented Goa at **Senior National Taekwondo Championship 2023** held at Puducherry from 10th feb to 12th feb 2023



Inter-collegiate Medal winners (organized by Goa University)

Teakwondo- Harsh Panghal
from **TY Bcom** secured a
Gold medal in upto 74kg.



Aarya Madhu from Ty
Bcom secured a **silver**
medal in High Jump

Vaishnavi Naik from
Mcom part II secured
Bronze Medal in
Tripple Jump



Yukta Mahale From TY
Bcom secured **Bronze**
medal in **javelin Throw**

Teakwondo- Geetesh
Kawlekar from TY Bcom
secured **Bronze** medal in
upto & incl. 59kg
Weight category



Powerlifting- Vernon
Braganza from SY
Bcom secured **Bronze**
Medal in upto & incl.
120kg



Inter Class Winners and Runners up (Individual Events)



From left is **Table Tennis** Men Winner Supreet Salelkar (TYBCOM) and Runner-up Megharaj Akarkar (SYBCOM) and Women Winner Anushka Hammanavar (TYBCOM) and Runner-up Diya Naik (FYBCOM) **Chess** Winner Siddesh Iyer (TYBCOM) and Runner-up Abhijeet Verekar (SYBCOM)



From left is **Badminton** Men Winner Chetan Magdum (FYBCOM), Runner-up Anant Prabhu (MCOM-II) and Women Winner Riya Narvekar (SYBCA) and Runner-up Shreya Sawant (SYBCA) **Carrom Singles** Winner Yatish Devidas (FYBCOM) and Runner-up Altaf Lakmeshwar (SYBCOM)



From left is **Tennikoit Mens** Winner Abhijeet Verekar (SYBCOM) and Runner-up Rushab Naik (SYBCOM) and Women Winner Aarya Madhu (TYBCOM) and Runner-up Nirjala Naik (FYBCOM)

GVM's GGPR College Teams



Taekwondo Team



Basketball Team



Volleyball Team



Futsal Team



The Department of Physical Education of the College organized a workshop to strengthen the knowledge and training in Athletics (Mother of Sports) by resource person Dr. Edwin Moses (former Director of Sports, IIT, Mumbai)

Inter-Class Winners and Runners Up (Team Championship)



On the left are the T.Y.B.Com. D who were the winners and on the right are the F.Y.B.Com A & D who were runners-up of the inter-class Football Championship



On the left are the TYBCOM D who were the winners of the Inter-class Volleyball Championship and on the right are TYBCOM C who were the winners of the interclass Cricket Tournament



On the left are the T.Y.B.Com. who were the winners and on the right are the M.Com. who were the runners-up of Inter-Class Volleyball Championship



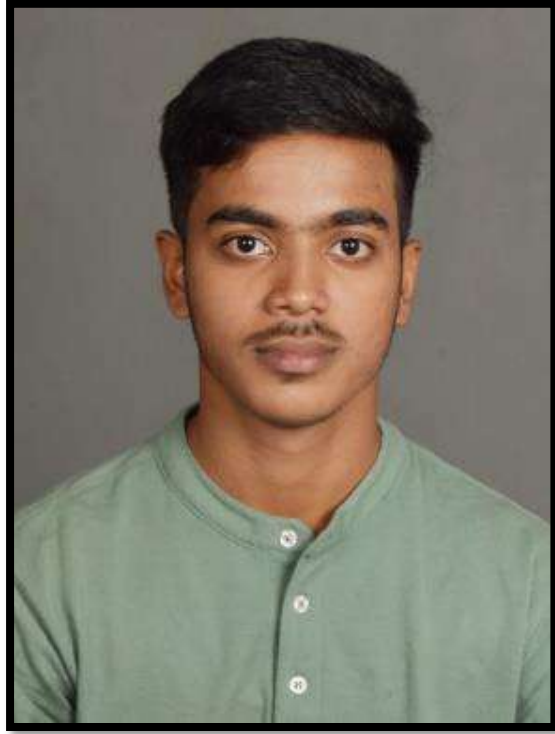
Winners of the Chess tournament organized by Goa Vidyaprasarak Mandal Chess in School.



Students participated in One Day State Level Seminar on Sudden Cardiac Death in Athletes and Cardio Pulmonary Resuscitation (CPR) Training organized by Govind Ramnath Kare College of Law



Winners of the Tie-breaker tournament organized by the Department of Physical Education on the occasion of Sports Day for students and staff



Best all-round sports person for the year 2022-23
Prathamesh A. Naik (TYBCOM)



From the left are the winners of Individual Athletic Championship
Men's Reeshad Gaude (TYBCOM) and Ashwin Patil (SYBCOM) and
Women's Aarya Madhu (TYBCOM)



The Department of Physical Education of our college organized an inter-collegiate deadlift competition for Men and Women



The Department of Physical Education and TYBCOM of our college organized G.V.M.'s Cricket Premier League for staff and students